



LAURA ELISABETH ULRICH

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ACTOR. SINGER. DANCER.

Hair: Blonde | Eyes: Blue | Vocal Range: D3-E6

Education

The University of Louisiana at Monroe

Master of Science, Psychology: Psychometrics 2010-2011

Louisiana Tech University

Bachelor of General Studies, Humanities 2004-2009

Minor: Music Performance, Vocal

Traditional Work Experience

Weekend Advocate, Weston MO Chamber of Commerce	Weston, MO	2022-Current
Museum Assistant, Biedenharn Museum & Gardens	Remote	2018-Current
Creative Arts Consultant, CA Studio	Remote	2018-Current
Data Manager, United Way of Northeast Louisiana	Monroe, La	2015-2017
Program Director, AppleGate Recovery of Monroe	Monroe, La	2012-2015
Clinical Assistant, AppleGate Recovery	Bossier City, La	2011-2012
Graduate Assistant, ULM	Monroe, La	2011
Graduate Office Receptionist, ULM	Monroe, La	2010
Soloist, First United Methodist Church of Shreveport	Shreveport, La	2009-2012
Soloist, First United Methodist Church of Monroe	Monroe, La	2008-2009
Waitress, Lea's of Lecompte	Monroe, La	2008-2009
Intern, CA Studio	Monroe, La	2008-2009
Salsa Instructor, Harvey's Dance Hall	Monroe, La	2007-2009
Soloist, St. Paul's United Methodist Church	Monroe, La	2004-2008
Customer Service Representative, Blockbuster Video	Monroe, La	2003-2005
Intern, Young Troupe, Strauss Theatre Center	Monroe, La	2002-2004

Training

Vocal

Dr. Louis Nabors	2009-2010
Dr. Laura Thompson	2004-2009

Theatrical

Cathy Airhart Web	1996-2004, 2008-2010
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Dance

Anna Maria Sparke	Tap	2020
Jeffrey Dominessey	Argentine Tango	2008
Jay Stylz	Salsa, Bachata, Body Isolation, Tricks	2007-2008
Jenni Marcano	Hand Shines, Foot Shines, Tricks	2007-2008
Christian Villalobos	Salsa, Musicality, Dips & Couple Tricks	2007
Crystal Verver	Hand Shines, Foot Shines, Spins	2007
Mikko Kemppe	Salsa, Cha cha cha	2005-2009
Scot Baronet	Movement & Dance for Stage	2000-2005

Acting Groups

Little Theatre of Weston	2022-Current
*Lagniappe Entertainment	2020-Current
*CA Studio	2018-Current, 2008-2010
*Improv Studio	2018-2019

Dance Groups

*Salsa Fitness	2022-Current
*Salsa Monroe	2005-2009

Choral Groups

*First United Methodist Church Choir, Shreveport	2009-2012
*First United Methodist Church Choir, Monroe	2008-2009
Louisiana Tech Women's Choir	2007-2008
Louisiana Tech Chamber Singers	2004-2009
Louisiana Tech Concert Choir	2004-2008
*St. Paul's United Methodist Church Choir	2004-2008
Neville High School Choir	2001-2004
Neville High School Tower Singers	2001-2004
Masterworks Young Singers	1996-2000

Service & Volunteer Groups

Little Theatre of Weston Board of Trustees	2022
Secretary	
Weston Community Theatre Board of Directors	2022
Secretary	
Northeast Louisiana Arts Council	
Louisiana Division of the Arts DAF Grant Panelist	2019
Representative for Biedenharn Museum & Gardens, CA Studio	2018-2020
Sigma Alpha Iota Music Fraternity	2006-2009
Epsilon Kappa Chapter President	2007-2008
Epsilon Kappa Chapter Sergeant at Arms	2006-2007
Lambda Sigma Chi Service Sorority	2001-2004

Competitions

*Colgate Country Showdown (Regional Judge)	2008, 2009
*Honky Tonk Talent Search (Local Judge)	2007, 2008
National Association of Teachers of Singing (NATS), Southern Regional Competition	
1st place - Classical, Sophomore Women	2006
1st place - Classical, Freshman Women	2005
3rd place - Lower College Musical Theatre, Men & Women	2005

Awards, Scholarships & Recognitions

Christopher Awards, Strauss Theatre Center		
Nominated for Best Supporting Actress in a Musical	<i>Sister Act</i>	2018
Nominated for Best Actress in a Comedy/Drama	<i>Divorce Southern Style</i>	2005
The University of Louisiana at Monroe		
Academic Dean's List	2010-2011	
Louisiana Tech University		
Cheatham Honors Recital Performer	2006, 2007, 2008	
Academic Dean's List	2006-2009	

Ben Laney Memorial Scholarship	2006, 2007
Virginia Thompson Memorial Scholarship	2006, 2007
Academic Scholarship	2004-2008
School of the Performing Arts Dorm Waiver	2004-2008
Choral Scholarship	2004-2008
TOPS Opportunity Award	2004-2008
Junior Miss Pageant	
Talent Division Winner	2004
Neville High School	
Who's Who Among American High School Students	2003, 2004

Compositions & Arrangements

*Rosencrantz & Guildenstern are Dead	2019
Lea's of Lecompte, Monroe	
Arranged 6 Queen songs for medieval, non-vocal instrumentation	
SAI & PMA Spring Concert	2008
Louisiana Tech University, Ruston	
Premiered composition: Solo Waltz for Piano	
*Star Walker Radio	2006-2008
Online Radio Show	
Composer: Wrote 3-5 thematic instrumental compositions weekly	

Special Performances, Choral, & Concert

The Music of the Night Halloween Concert	2022
Little Theatre of Weston, Weston	
Soloist & Production Coordinator	
Platte City Community Band Goes to the Theatre	2022
Platte County High School, Platte City	
Soloist	
CA Studio's Originals	2021
Zoom Production	
Vocalist	
CA Studio's Midsummer Night's Fundraiser	2019
Lea's of Lecompte, Monroe	
Soloist & Promoter	
Raise the Hook Fundraiser Concert	2019
Emmett Hook Center, Shreveport	
Soloist & Small Ensemble Vocalist, Live request performer	
The Christopher Awards	2019
Strauss Theatre Center, Monroe	
Ensemble Vocalist	
*The Spiritual Side of Les Miserables Concert	2019
Emmett Hook Center, Shreveport	
Performed the roles of Cosette & the Constable	
Twelfth Night Celebration Fundraiser	2019
CA Studio, Monroe	
Solo & Small Ensemble Vocalist	
Tribute to Sand Lawn	2014
Strauss Youth Academy for the Arts, Monroe	
Performed in multiple medlies & solos commemorating the years Sand Lawn was with Strauss	
*Southern Republican Leadership Conference	2010, 2011

Hilton New Orleans Riverside, New Orleans	
Soloist to open several meetings with National Anthem, CNN coverage and archived footage	
*Star Wars: in Concert	2010
CenturyLink Center, Shreveport	
Featuring Anthony Daniels as narrator with Dirk Brossé conducting the Royal Philharmonic Orchestra	
Ensemble Soprano I	
*Republican National Convention	2008
St. Paul, Minnesota	
Soloist to open several meetings with National Anthem	
Soloist at Prayer Breakfast with gospel choir backup	
*Benefit Concert	2007
First United Methodist Church, Monroe	
Solo Concert	
Louisiana Composer's Consortium Concert Series	2006-2008
Louisiana Tech University, University of Louisiana at Monroe, Centenary College, & Northwestern State University	
Solo & Small Ensemble Vocalist 8x	
*AAU Regional Basketball Tournament	2006
Fant-Ewing Coliseum, Monroe	
Soloist to open the tournament with National Anthem	
International Mozart Festival	2006
Salzburg & Vienna, Austria	
Louisiana Tech Chamber Singers	
Junior Miss Pageant	2005
Monroe	
Special performer as 2004 talent division winner	
Washington DC	1990's
Masterworks Young Singers	
Concert series at various venues	
New York	1990's
Masterworks Young Singers	
Concert series at various venues	

Workshop & Variety Show Credits

Title of Workshop/Variety Show	Role	Backstage Work	Location & Director	Year
<i>*Audition Workshop '22</i> Canceled due to COVID		Director	Lagniappe Entertainment, Weston Director: Laura Elisabeth Ulrich	2022
<i>*Music & Mayhem Workshop</i>		Music Director	CA Studio, Calhoun Director: Cathy Airhart Webb	2019
<i>*Mary Poppins Returns Workshop</i>		Music Director	Strauss Youth Academy for the Arts, Monroe Director: Taylor Yakowenko	2019
<i>*SYAA's Descendants, Too! Workshop</i>		Music Director	Strauss Youth Academy for the Arts, Monroe Director: Walter Allen	2018
<i>*Elsa & Anna's Broadway Takeover Workshop</i>		Music Director	Strauss Youth Academy for the Arts, Monroe Director: Walter Allen	2018

<i>*100 Years of Broadway</i>	Various Solos		First United Methodist Church, Shreveport Director: Will Address	2010
<i>*Jubee Revue</i>	Various Solos	Asst. Director	Rayville Arts Center, Rayville Director: Cathy Airhart Webb	2009
<i>*Jubee Revue</i>	Various Solos	Asst. Director	Rayville Arts Center, Rayville Director: Cathy Airhart Webb	2008
<i>Opera Workshop</i>	Various Solos		Louisiana Tech, Ruston Director: David Wylie	2006
<i>Every Summer Workshop (Young Troupe)</i>	Various Solos	Intern	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2004
<i>Cottonland Christmas Unwrapped</i>	Various Solos		Strauss Theatre Center, Monroe Director: Scot Baronet	2003
<i>Every Summer Workshop (Young Troupe)</i>	Various Solos	Intern	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2003
<i>Every Summer Workshop (Young Troupe)</i>	Various Solos	Intern	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2002
<i>Cottonland Christmas Unwrapped</i>	Various Solos		Strauss Theatre Center, Monroe Director: Scot Baronet	2000

Film Credits

Title of Film	Role	Backstage Work	Location & Director	Year
<i>LEA</i> Lagniappe Entertainment Change Artists, LLC	News Anchor	Writer / Production Coordinator / Director	Weston, MO Director: Laura Elisabeth Ulrich	2021
<i>Grandmother</i> Fatal Frame Productions	Caretaker		St. Joseph, LA Director: Hannah Bishop & Bing Bishop	2020
<i>The Lullaby</i>	Extra		Shreveport, LA Director: Josh Munds	2019
<i>*The Click (short film)</i> Trouvaille Productions	Emma	Co-Writer (24-hr festival)	Monroe, LA Director: Lucy G. Brown	2018

Commercial Work

*Ouachita Valley Federal Credit Union, Wife	2019
*Bayou Dental Group, Actress	2019
*LaWard Cellular, Customer	2009, 2010
*Haik Humble Eye Clinic, Patient	2009
*St. Francis Sports Medicine, Patient	2004

Stage Credits

Title of Production	Role	Backstage Work	Location & Director	Year
<i>Joseph and the Amazing Technicolor Dreamcoat</i>	Brother's Wives		Weston Community Theatre Director: Joshua J. Shockey	2022
<i>Dracula</i>	RM Renfield		Weston Community Theatre	2022

			Director: Mitchell Pennington	
<i>*Shakespeare in Love</i>	The Nurse		CA Studio, Monroe Director: Cathy Airhart Webb	2021
<i>Willy Wonka</i>	Mrs. Bucket		Weston Community Theatre Director: Joshua J. Shockey	2021
<i>*Macbeth</i>	Lady Macbeth	Box Office	CA Studio, Zoom Director: Cathy Airhart Webb	2020
<i>*The Twelve Pound Look</i>		Box Office	CA Studio, Zoom Director: Cathy Airhart Webb	2020
<i>*Shakespeare in Love</i> Canceled mid-production due to COVID	Kit Marlowe	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2020
<i>*The Lifespan of a Fact</i>		Technical Director	CA Studio, Monroe Director: Cathy Airhart Webb	2020
<i>*Into the Woods</i>	The Witch		Emmett Hook Center, Shreveport Director: Joe Todaro	2019
<i>*A Doll's House</i>	Christina Linden		CA Studio, Monroe Director: Cathy Airhart Webb	2019
<i>Annie</i>	Lily St. Regis		Emmett Hook Center, Shreveport Director: Joe Todaro	2019
<i>*Rosencrantz & Guildenstern Are Dead</i>		Asst. Director ; Sound Design	CA Studio, Monroe Director: Cathy Airhart Webb	2019
<i>*The Crucible</i>	Elizabeth Proctor	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2018
<i>*Mamma Mia!</i>	Sophie Sheridan		Emmett Hook Center, Shreveport Director: Richard Folmer	2018
<i>*Much Ado About Nothing (1860)</i>	Don John (Widow Jeanne)	Asst. Director Light Design	CA Studio, Monroe Director: Cathy Airhart Webb	2018
<i>*James & the Giant Peach</i>	Aunt Spiker	Asst. Director Light Design	CA Studio, Monroe Director: Cathy Airhart Webb	2018
<i>Sister Act</i>	Sister Mary Robert		Strauss Theatre Center, Monroe Director: Terri L. Cunningham	2018
<i>*The Great Gatsby</i>		Sound Design	CA Studio, Tour Director: Cathy Airhart Webb	2018
<i>Jekyll & Hyde</i>	Lucy Harris		Rose Theatre, Bastrop Director: Hal Robinson	2009
<i>Charlie & the Chocolate Factory</i>		Creative Consultant	CA Studio, Monroe Director: Cathy Airhart Webb	2009
<i>*Macbeth</i>	First Witch	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2009
<i>*Charlotte's Web</i>	Gander	Asst. Director	CA Studio, Tour Director: Cathy Airhart Webb	2009
<i>*The Conjunction of Comedia & Errata (Shakespeare's The Comedy of Errors)</i>	Antipholus of Comedia	Asst. Director	Dixie Theatre, Ruston Director: Cathy Airhart Webb	2008

<i>*Oliver!</i>		Asst. Director	Rayville Arts Center, Rayville Director: Cathy Airhart Webb	2008
<i>*Le Nozze di Figaro (The Marriage of Figaro)</i>	Cherubino		Rome, Italy Director: Fritz Maraffi	2008
<i>*Amahl & the Night Visitors</i>	Villager		St. Paul's Methodist Church, Monroe Director: Laura Thompson	2006
<i>Divorce Southern Style</i>	Elizabeth	Costuming	Strauss Theatre Center, Monroe Director: Dennis Gleason	2005
<i>Annie</i>	Grace Farrell	Costuming	Strauss Theatre Center, Monroe Director: Willie Cogburn	2004
<i>Les Misérables- Reprise Casting</i>	Fantine		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2004
<i>Les Misérables</i>	Fantine		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2004
<i>Deathtrap</i>		Backstage	Strauss Theatre Center, Monroe Director: Scot Baronet	2003
<i>The Best Little Whorehouse in Texas</i>	Linda Lou		Strauss Theatre Center, Monroe Director: Scot Baronet	2003
<i>Romeo & Juliet</i>	Juliet	Sound Design	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2003
<i>The Lion, the Witch, & the Wardrobe</i>	The White Witch		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2002
<i>Schoolhouse Rocks!</i>	Dori		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2002
<i>A Midsummer Night's Dream</i>		Asst. Director Sound Design	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2002
<i>Sleeping Beauty</i>	Princess Narcissus		Strauss Theatre Center, Monroe Director: Nan Cogburn	2000
<i>High Society</i>	Chorus		Strauss Theatre Center, Monroe Director: Chris Ringham/Scot Baronet	2000
<i>Wait Until Dark</i>	Gloria		Strauss Theatre Center, Monroe Director: Chris Ringham	1999
<i>I Sincerely Doubt That This Old House is Haunted</i>		Spotlight 2	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1998
<i>The Sound of Music</i>	Louisa		Strauss Theatre Center, Monroe Director: Chris Ringham	1998
<i>Return to the Forbidden Planet</i>	Chorus	Set Construction	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1998
<i>The Hobbit</i>		Backstage Set Construction	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1997
<i>Junkyard Dogs</i>	Skeeter		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1997
<i>Ramona Quimby: Age 8</i>	Susan		Strauss Theatre Center, Monroe Director: Nan Cogburn	1997

<i>Southern Angst</i>	Narrator	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1997
<i>Boogie on the Bayou</i>	Woodpecker	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1996
<i>Annie Warbucks</i>	Annie	Strauss Theatre Center, Monroe Director: Chris Ringham	1996
<i>Don't Count Your Chickens Until They Cry Wolf</i>	Various	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1996
<i>Pinocchio</i>	Blue Fairy	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1995

* denotes paid/contracted work